|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Mature Pattern Critical Elements  | All four well Thrown Balls were caught | Extend arms or hands out to ball | Hands are position with palms up  | Catch with hands only | Absorbs catch on contact (either hands relax, elbows bend pulls it in | Overall Score | Overall Growth |
| Students | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Growth |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**Student Growth Recording Sheet**

**Underhand Catch**

0-Critical Element Not Met 1-Critical Element Met