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| --- | --- | --- | --- | --- | --- | --- | --- |
| Mature Critical Elements | All four of kick attempts include a running approach and are airborne | Contact ball with top of foot (shoelaces) | Contact with ball is made directly below center of ball | Slight backward lean of trunk | Follow through toward target and extended upward | Overall Score | Overall Growth |
| Students | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Growth |
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**Student Growth Recording Sheet**

**Kicking**

0-Critical Element Not Met 1-Critical Element Met