Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ School Families,

We would like to take this time to remind you of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ commitment to providing an environment that supports children’s health, well-being and ability to learn by supporting healthy eating habits and physical activity. Therefore, we are extending our “In Class Snack Time” to now include our first grade classrooms. It is our goal to encourage parents and/or guardians of our first grade students to make healthy nutritional choices when you are packing your child’s snack for school. Providing your child with nutritious snacks for school not only keeps your child healthy, but it promotes life-long eating habits, and provides your child with the necessary energy to get through the school day.

In an effort to ensure a smooth implementation, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ staff will designate the most appropriate time for snacks and we ask that you pack healthy snacks daily. We suggest packing healthy foods that do not require refrigeration, are able to be opened by your child, and will not spill on work materials. Teachers will not store snacks and teachers will not be providing a snack for those students that do not bring one to school. Also, we would like to remind you that have multiple students attending \_\_\_\_\_\_\_\_\_\_\_\_\_\_ who have varied types of food allergies. These allergies include but are not limited to peanuts and nuts, dairy, soy, fish and products that contain gluten. Keeping these students in mind, students will not be allowed to share a snack to an individual or the class.

At Dogwood we understand that an unhealthy snack is acceptable at times but we want to encourage all parents and/or guardians to help with our proposal of keeping the children of our school healthy and fit.

Thank you. Please feel free to contact us if you have any comments or concerns. Have a safe and healthy school year!

**Please note your classroom’s has a student(s) with an allergy to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

Respectfully,

Office of Coordinated School Health